



Terms and Conditions

1. The Big Pledge Beat the Clock Challenge will run from 14 May 2018 until 8 July 2018 and only time logged between those dates are permitted. However, the Challenge logs will remain live until midnight on Tuesday 10 July 2018 in order for participants to complete their Challenge logs.
2. Entry is free; however normal leisure centre fees will still apply for gym or swim session.
3. Participants taking part in the Big Pledge Beat the Clock Challenge do so at their own risk.
4. To use the gym for the 2018 Big Pledge Challenge the participant must be an authorised user of that centre prior to the commencement of the challenge and have completed a gym induction. (please contact your local leisure centre for the minimum age requirements for authorised gym users)
5. All participants who achieve at least the bronze standard distance in their challenge will receive their certificate by email no later than 20 July 2018.
6. On completing the 2018 Big Pledge Challenge the all participants who have achieved the gold standard in their challenge will be entered in the prize draw to win a Fitbit.
7. The prize draw will take place the week beginning 16 July 2018 and only the winner will be notified by email. The winner will be randomly selected from all the participants who have achieved gold standard in their challenge and the decision will be final. The prize is a Fitbit watch and is not redeemable in any other form. Only the winner will be notified by email.
8. It is the participant's responsibility to log their time and activities accurately. Once a participant has completed their challenge, the participant must click on the submit button on their online distance log where up they will receive an email receipt. Failure on the participant's part to log distance accurately or submit their online distance log before midnight on 10 July 2018 will result in not receiving their certificate or be entered in the prize draw.
9. The total time of each of challenge is non-negotiable.
10. The total time of the Team Challenge will be calculated based on the total number of team members: 150 minutes per week per person x then number of team members.

11. The total time of the Schools Challenge will be calculated on the number of pupils.
60 mins x a week (5 days) x 8 weeks of the challenge per pupil x total number of pupils taking part.
12. Any monies raised for charity from participating in the 2018 Big Pledge Challenge are the responsibility of the participant to collect and submit to the charity.